



The Avenue Primary School

Work from home - Year 1

Suggested daily timetable

	Morning Start your morning with a workout (Joe Wicks, Just Dance, BBC movers)		Afternoon Begin your afternoon session with some handwriting or fine motor development e.g. playdough or threading.	
Mon	Phonics	Maths	PE	Go into the garden and practise your throwing and catching. How many catches can you complete before the ball touches the ground.
Tues	Phonics	English	Art	Create a rainbow to put in your window. Make sure you get the colours in the correct order. Can you mix some colours to make others?
Wed	Phonics	Maths	History	Learn about someone significant from the past.
Thurs	Phonics	English	Games	Play a board game together. Could you roll two dice and add the numbers together each turn.
Fri	Phonics	Maths	Cooking	Help to prepare a meal. First make a list of the ingredients needed. Together with your grown up come up with a set of instructions to follow. Can you help with any of the measuring of ingredients?

Suggested activities

Phonics:

Log in to Phonics Play - **username** March 20 **password** Home – access some of the games.

Phonics lessons at school last for approx. 20 minutes.

- Make your own Buried Treasure game, you will be able to find lots of real and nonsense words on [twinkl.co.uk](https://www.twinkl.co.uk)
- Read your school book.
- If you have access to magnetic letters, build words together.
- Grab a piece of chalk and a water pistol (anything that can hold water will do, even a cup). Write some sounds on your patio, call out a sound and the children have to try and wash the correct sound off with the water.
- Go on a sound hunt, decide on a sound and see how many things you can find in your house with that sound in the name. Make a tally chart and pick a new sound the next day. By the end of the week see which sound won, which sound has the most tally marks?

Maths

- **Measure the length of different objects in your home.** Play 'Longer and Shorter', start with an item, measure it together reinforcing where to start on the tape measure/ruler. You decide whether the next item should be longer or shorter, the children go off and find something longer or shorter. Measure it together to see if they were right.
- **Direction - Left and Right.** Teach your child left and right, we have done a little bit of this in class. Place a finish line on the floor such as an X or a toy. Allow them to direct you with instructions e.g. 1 step forwards, 1 step left, 2 steps forwards. Take turns so they get a go at both giving directions and following them.
- **Play bingo together.** There are lots of different variations, you may already have a bingo game at home.

Some of the types of maths bingo we play in class are:

Number bingo. Choose numbers up to 50. If your child wants to go higher, go for it but make sure you help them out.

One more and one less. The bingo caller calls out "one more than 23" instead of a number.

Missing number bingo. Keep your numbers under 20. Bingo caller shows $3 + _ = 10$. Check off the missing number on the bingo board. This is a great way to practise number bonds (all the ways to make a certain number).

Number sequence bingo. Show your child a number sequence e.g. 12, 13, 14, __, 16. Check off the missing number in the sequence.

OR, you could mix all of these into one game of bingo. Make sure you take turns being the bingo caller. An online version of this that we use in the classroom can be found on ictgames.com

English

- Read a story together and pick out all of the adjectives you come across. We have done lots of work around adjectives at school. Choose something to describe and brainstorm adjectives together. You could have a competition for who can come up with the most.
- Our last piece of writing at school was about the story of Rapunzel. Pretend you are interviewing Rapunzel and make a list of questions to ask her. Remember when we write down a question a question mark replaces the full stop.

Remember these are just suggestions. Ask the children what they would like to do and learn about as well.

Make sure you break up your day with lots of free time, during the school day the children have lots of outdoor time and area time. Give them this time at home as well.

Next week we will look at Science – Plants. When you do your essential shop you may want to pick up some seeds if you don't have any at home.

Most of all enjoy your time together 😊