MIDDLESBROUGH SCHOOL MEALS

EAT SMART FOR A HEALTHY START!

WEEK 2 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Alfredo	Homemade Cottage pie	Toad in the hole served with mashed potato	Minced beef and Dumplings served with mashed potato	Battered fish or Fish portion and chips
Option 2	Pizza wrap (V) served with oven roasted wedges	Quorn burger In a bun (V) with roast potatoes	Macaroni cheese served with crusty bread (V)	Curry and rice (V) served with naan bread	Cheese and Tomato crustless Quiche (V) with chips
Sides	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Dessert	Steamed eves pudding and custard	Jam shortbread fingers	Beetroot chocolate brownie	Pear crumble and cus-tard	Homemade biscuits

ALSO AVAILABLE DAILY:

*** Jacket potato with a choice of cheese, tuna mayo or simply plain**

- **Fresh salad**
- **Sandwiches or Wraps**
- **Cheese & Crackers**
- **Fresh Fruit**
- **Sliced Bread**
- **Fruit Jelly**

Menu dates

13th Jan 2025
17th March 2025
12th May 2025
30th June 2025
8th Sept 2025
13th Oct 2025
1st Dec 2025

3rd Feb 2025
7th April 2025
9th June 2025
14th July 2025
29th Sept 2025
10th Nov 2025

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.