



The Avenue Primary School

Work from home – Reception

**In order to help you organise your day, we have devised a daily timetable with suggested activities. This timetable suggests how and when to complete activities daily. We hope this helps!**

Our topic this half term is ‘Why is water wet?’

**Start the day with the water bottle challenge**

Start the daily water bottle challenge. **Also remember to wash your hands** 😊

<https://www.youtube.com/watch?v=S9VjeIWLnEg> hand washing video when washing your hands.

Draw a water bottle outline on a piece of paper, every time you finish your water bottle, you can write your name inside the bottle outline. Who is drinking the most water daily in your family?

**9:30 – 10:00 Phonics (word lists attached below)**

**Monday** – Read your favourite story with your adult. Talk about what is happening in the story. Why is it your favourite? Complete the attached book review with your adult.

**Tuesday** – Write a list of all of the things you would like to do over the six week holidays. Who would you like to do them with?

**Wednesday / Thursday** – Write a letter to your new teacher in Year 1. Write down the things that represent you, such as your favourite colour, what you like to do, your hobbies etc. You could even draw a picture or include a photo of yourself.

**Friday tricky words** – Pick your favourite tricky word game from over the past few weeks and play it with an adult.

<b>I</b>	<b>to</b>	<b>no</b>	<b>go</b>	<b>the</b>	<b>into</b>	<b>he</b>
<b>she</b>	<b>me</b>	<b>we</b>	<b>was</b>	<b>is</b>	<b>for</b>	<b>of</b>
<b>are</b>	<b>all</b>	<b>come</b>	<b>some</b>			

**10:00 – 10:30 - Handwriting**

Play relaxing music in the background and begin handwriting. You could focus on one letter/number a day. Say the formation rhyme as your child writes. Lots of positive praise/encouragement are needed for this. Your child may be forming letters and numbers backwards, if they are doing this talk them through the correct way, writing as you do.

q – Round her head, up past her earrings and down her hair

- g – Round the girl’s face, down her hair and give her a curl
- k – Down the kangaroo, up to his head and curl around the tail and flick
- w – Down the worm and up a worm

### Additional websites

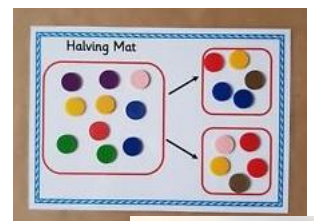
- Julia Donaldson and Axel Scheffler are also offering some great free downloadable learning packs to go with some of our favourite stories such as: Zog, Stickworm, The Highway Rat and many more <https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-Home-Learning-Packs-40114>
- Reading Chest are also offering a selection of reading books for children. <https://www.readingchest.co.uk/prices-and-packages>

### 10:30 – 11:00 – Break time and wash hands afterwards

Time for a break, you have worked so hard this morning! Remember the water challenge!  
**Remember we wash our hands for 20 seconds!**

### 11:00 - 11:30 – Maths

- Halving – create your own halving mat, like the one in the photo. Choose different numbers to half. Remember halving is sharing between two groups. Both groups have to be equal / the same.
- Doubling- mirror doubling. Get a mirror on the table or sit next to a mirror on the floor. Put a number of objects in front of the mirror. This is what we will double. Now look at how many you can see including the ones in the mirror. It will be double. You could then write the number sentence to go with the double.
- Telling the time- a few weeks ago we were learning all about telling the time. Can you remember? Make your own clock again (you could even make a really big one outside) Get your adult to shout a time at you. Can you put the hands on the clock into the correct place?



### Extra activities –

Jack Hartman sing along counting to 100 challenge – a great starter activity.  
<https://www.youtube.com/watch?v=0TgLf3PMOc&t=7s>

Splat number square – a quick 5-minute activity, splat a given number on the number square, no more than 5-10 minutes on this at a time 😊 You can also use the splat square to support counting in 2’s and 5’s.

<https://www.topmarks.co.uk/learning-to-count/paint-the-squares>

This is a really fun counting in 2's song on YouTube by Jack Hartmann

[https://www.youtube.com/watch?v=OCxvNtrcDI&feature=emb\\_logo](https://www.youtube.com/watch?v=OCxvNtrcDI&feature=emb_logo)

## **11:30 – 12:00 Read a story together and wash hands ready for lunch**

**Remember we wash our hands for 20 seconds!**

## **12:00 – 1 Lunch Time**

Time for lunch 😊 Can you cut up your own lunch using a knife and fork? Do you have any fruit and vegetables on your plate? Remember we need to be healthy and eat our 5 a day!

## **1-2 Activities**

During the week ....

- See challenge on page 9. Please see attached a 30 day reading challenge, which starts on Monday. The challenges will also be posted each day on the Middlesbrough Reads & Family Information Service Facebook pages, all the family can get involved with a literacy themed activity every day and there is daily prizes to be won too!
- Complete an end of Reception picture. You could use paint/ crayons/ pencils or whatever you can find. You can include all the things you have loved about Reception, your favourite areas, friends and teachers.
- At the beginning of Reception you had your photo taken by Mrs Stone. Now get your adult to take an end of Reception photo for you. You could make your own frame to hold up for your photo. Make your frame colourful and fun! Why not wear your school uniform for the photo!



## **2-3 Outdoor games**

Have fun outside in the fresh air playing games or riding your bike /scooter! Maybe you could find somewhere you could do your daily run, just like we run around the school field. How long did you run for?

Here is a 7 minute workout you could do. Get your grown-ups and brothers and sisters to do this with you. You could even do the workout every day!

### 7 minute workout

**What you need:** 1 clock or stopwatch

**What to do:** complete each exercise for 30 seconds:

- Jog on the spot
- Star jumps
- Lunges
- Tuck jumps
- Press ups
- High knees
- Squats
- Plank
- Burpees
- Side plank
- Mountain climbers
- Side plank on the other side
- Sit ups
- Heel flicks



*Have fun during the summer holidays and stay safe 😊*

<u>Initial Code</u> Unit 8	VCC and CVCC words (no new sound-spelling correspondences)			
act	elm	imp	opt	and
end	ink	ant	its	elf
band	gets	link	rusk	gaps
limp	runt	zinc	belt	gust
loft	sent	film	lent	rift
wink	dust	lamp	left	west
bank	help	sand	gulp	pond
must	junk	went	tilt	ramp
Kent	dots	desk	yelp	wind
vest	wept	tusk	soft	silk
rust	gift	lump	held	bulb
tank	cats	pant	pink	disk
kilt	rest	fond	milk	camp
dusk	kiln	hits	fact	rent
pulp	pest	sulk	lisp	hunt
land	felt	damp	fist	maps

<u>Initial Code</u> Unit 9	CCVC words (no new sound-spelling correspondences)			
bless	clap	drag	flat	grill
plum	scan	snap	trap	twin
brim	crab	dwel	frog	glad
press	skin	slip	swim	trip
blot	cliff	drop	flag	grab
plan	smell	spot	step	twig
blob	clip	dress	flap	gran
plug	scab	still	swell	trot
brag	club	cross	drip	from
grip	prop	skid	slam	stop
bluff	clog	drill	flip	gloss
plot	slim	spin	tram	snug
brat	crop	drum	flog	glum
pram	skill	stab	sniff	trim
cram	floss	grid	plod	trod
slot	spell	skim	fret	stiff

<u>Initial Code</u> Unit 10	CCVCC words (no new sound-spelling correspondences)			
bland	crust	drink	frost	glint
plump	skunk	slept	smelt	trunk
blink	clamp	crept	drips	flint
grand	prank	slump	spend	tramp
blond	clink	crest	drops	frank
grunt	print	spelt	stand	trust
blank	cramp	drift	flaps	grins
plank	stamp	stink	swept	twist
brand	crisp	dwelt	flank	plonk
scalp	skips	spilt	swift	trump

<u>Initial Code</u> Unit 10	CVCCC (no new sound-spelling correspondences)			
winks	limps	dents	rasps	vests
belts	costs	dents	fists	hands
jumps	lamps	melts	ramps	sulks
tents	winks	yanks	bumps	dusts
lamps	mints	sifts	tilts	bends

<u>Initial Code</u> Unit 10	CCCVC (no new sound-spelling correspondences)			
scram	sprat	strap	strip	scrap
strut	strop	scrum	scrub	strum

<u>Initial Code</u> Unit 11	Sound: /sh/		< sh >	
fish	gash	rash	rush	wish
shed	dish	shut	cash	shop
shelf	brush	shrub	shift	shred

<u>Initial Code</u> Unit 11	Sound: /th/ (unvoiced)		< th >	
moth	thin	theft	cloth	thump
broth	thank	throb	thud	froth
tenth	sixth	width	throng	depth
fifth	thrift	think	thrum	thrill

<u>Initial Code</u> Unit 11	New spelling of sound: /k/		< ck >	
back	check	duck	luck	pack
shock	sick	stick	thick	truck
speck	trick	pluck	click	crock

<u>Initial Code</u> Unit 11	New sound: /ng/*		< ng >	
bang	bring	cling	king	lungs
sling	sting	thing	wing	song

<u>Initial Code</u> Unit 11	New spellings of sounds /k/ & /w/		< q > < u >	
quack	quest	quick	quilt	squid
quiz	squelch	quill	quiff	squint



<u>Initial Code</u> Unit 11	New spelling of sound /w/		< wh >	
when	whack	which	whip	whisk
whelk	whim	wham	whiff	whit

<u>Initial Code</u> Unit 11	Sound: /ch/		< ch > and < tch >	
chat	champ	chess	chump	chest
crush	shrug	crash	splash	fresh
chin	chips	chop	chum	chunk
rich	finch	winch	lunch	much
pinch	such	chimp	bench	bunch
itch	patch	hutch	fetch	notch
splotch	switch	stretch	catch	witch

## #BoroReads Midsummer Challenge!

1 Take a reading selfie	2 Read some poems or rhymes	3 Read in a comfy chair	4 Read something that makes you laugh out loud	5 Read a book about an animal	6 Recommend a book to a friend	7 Read and follow a recipe
8 Read for 10 minutes	9 Read outside	10 Read in your pyjamas	11 Read a leaflet	12 Read the smallest book on your shelf	13 Read a book with a one word title	14 Read to someone over the phone or on a video call
15 Re-read a favourite book	16 Read a book someone else picks	17 Read with a torch under the covers	18 Read a book with a colourful cover	19 Read a magazine	20 Ask people in your house what their favourite book is	21 Read out loud using silly voices
22 Make a list of your top 3 authors	23 Borrow an e-book or audio book from BorrowBox	24 Read a non-fiction book	25 Read a book to a pet or a teddy	26 Read a book with the word "and" in the title	27 Read lying on your bed	28 Read with a hat on
29 Read with someone you live with	30 Read a book with a number in the title	<p><b>Calling all Middlesbrough families. Are you up for a challenge?</b>  <b>Take a photo of you completing the midsummer challenges and email it to</b>  <a href="mailto:bororeads@literacytrust.org.uk">bororeads@literacytrust.org.uk</a>  <b>Every day one lucky entry will win a book!</b></p>				

