# The Avenue Primary School 

Work from home - Reception
In order to help you organise your day, we have devised a daily timetable with suggested activities. This timetable suggests how and when to complete activities daily. We hope this helps and we really hope to see you soon! Remember these are just ideas ©

## 9:00-9:30-PE to start the day

Youtube - PE with Joe Wicks. Do this as a family and get your blood pumping around your body and brains working. Remember to drink your water!

Just Dance, BBC movers, GoNoodle are other alternatives you can try.

## 9:30-9:45-Break/ water bottle challenge

Put some relaxing music on Youtube as you finish stretching and rehydrate with water and fruit (make sure adverts are finished before showing the children any video clips on Youtube)

## https://www.youtube.com/watch?v=qFZKK7K52uQ\&t=1648s

https://www.youtube.com/watch?v=GBexfwe-9j0
Whilst the music is on start the daily water bottle challenge.
Draw a water bottle outline on a piece of paper, every time you finish your water bottle, you can write your name inside the bottle outline. Who is drinking the most water daily in your family?

## 9:45-10:00 - Handwriting

Continue playing the relaxing music in the background and begin with handwriting. You could focus on one letter/number a day. Say the formation rhyme as your child writes. Lots of positive praise/ encouragement is needed for this. Your child may be forming letters and numbers backwards, if they are doing this talk them through the correct way, writing as you do.
(m, n, 10, 11)
$m$ - Down Maisie and over the mountain, mountain
$n$ - Draw Nobby and go over his net.
10 - start at the top, down we run, that's the way we make a one.
Around and round, and round we go, when we get home we have a zero.
11 - start at the top, down we run, that's the way we make a one (repeated)

## 10:00 - 10:30 - Literacy/Phonics (more word lists below)

Monday - Last week you were practising reading words with 'sh' and 'ng' sounds. Now you are going to practise writing these words. Write the words below onto cards, pick a word and read it to your child slowly. Ask them to tell you the sounds in this word. Now can they say the sounds and write the word down. Ask them to read it back to make sure they got each sound. Now reveal the word to check. Challenge- use the words to write a sentence. Bigger challenge- can your sentence also include a tricky word? Fish, cash, shut, shred, king, song, thing, sting

Tuesday - Read the story 'Oliver's fruit salad' https://www.youtube.com/watch?v=jcTprklmlml
Talk about all the different fruits in the story and what the children like or dislike. Highlight the word 'delightful' in the story. What do you think this means? Can you say some sentences using the word delightful?

Wednesday - We are going to write a recipe to make your own fruit salad. Today, write a list of all the ingredients you would like to put in your fruit salad. How many of each piece of fruit do you need?


Thursday - Yesterday you created a list of ingredients for the fruit salad. Now we are ready to write the recipe. Remember to use your instruction words - first, next, then, after that, finally. Can you write a sentence for each step of the recipe to make a 'delightful' fruit salad? Make sure you are using your phonics to help you sound out / write your words and you use a finger space between each word. Re- read your recipe once you have finished. Can you give your finished recipe to somebody to follow?

## Friday tricky words - Speed read

Player 1- get all the tricky words in a pile and do not let the other player see. When player 2 is ready start the stop watch and flash each card to them, if they read the word correctly move on to the next card quickly. When you have read all the words, stop the clock. How fast did you read the words? Write down your score. Now swap roles. Keep practising and trying to beat your time!
(Most children have all of the tricky words below; some children have more which is fine. The tricky words in red are to add to your child's pack. Remember, tricky words are sight words. Introduce the new tricky words and talk about the letters within it. Think of some sentences including some of the tricky words below)

| I | to | no | go | the | into | he |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| she | me | we | was | is | for | of |
| are | all | come |  |  |  |  |

## Additional websites

- Julia Donaldson and Axel Scheffler are also offering some great free downloadable learning packs to go with some of our favourite stories such as: Zog, Stickworm, The Highway Rat and many more https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-Home-Learning-Packs-40114
- Reading Chest are also offering a selection of reading books for children. https://www.readingchest.co.uk/prices-and-packages


## 10:30-11:00 - Break time

Time for a break, you have worked so hard this morning! Remember the water challenge!

## 11:00-11:30-Maths

This week we are going to be practising subtraction. Remember, this is when we take away from a larger number. Our answer is going to become smaller. Here are some different activities to practice your subtraction skills.

- Get some toys or balls and a bucket or hoop. How many do you have to start with? Now try throwing them into the target. How many do you get in? How many do you have left? Can you write the subtraction sentence for this?
Eg. I have 9 toys altogether and 5 go into the bucket. How many do I have left? $9-5=4$. Repeat, starting with different amounts.
- Play subtraction bowling. You can use bottles, plastic cups or anything that stands up. Write down how many you have, then roll a ball into them, how many fall down? Write down your subtraction sentence and work out your answer. You can then check by counting how many are still stood up. You can make this game more challenging by having more items to knock down or standing further away.
- Get some different pieces of fruit for your daily snack. How many do you have? Give a piece of fruit to each person in your family. How many have you subtracted from the fruit bowl? How many are left?
 Can you explain to your adult what you have done? Remember to use the words 'altogether, subtract, equals'.
- Use a number line or make your own large number line outside. Write some subtraction sentences like the ones below on small pieces of paper and have them all faced down. Pick up a subtraction sentence and read it out loud. Stand on the number and then jump to count back how many you need to take away. What number did you land on? Make sure to check your answer. You can change the numbers to make it easier or more challenging.
$5-2=\quad 10-4=\quad 8-5=\quad 15-8=$


## Extra activities

Jack Hartman sing along counting to 100 challenge - a great starter activity.
https://www.youtube.com/watch?v=0TgLtF3PMOc\&t=7s

Splat number square - a quick 5-minute activity, splat a given number on the number square, no more than 5-10 minutes on this at a time (). You can also use the splat square to support counting in 2's and 5's.

## https://www.topmarks.co.uk/learning-to-count/paint-the-squares

This is also a really fun counting in 2's song on YouTube by Jack Hartmann https://www.youtube.com/watch?v=OCxvNtrcDIs\&feature=emb logo

## 11:30-12:00 Dough Disco

Work with Lego or playdough and get those finger muscles working.
Dough Disco - Play superman song on Youtube. Your child can then show you how we complete dough disco at school with their dough. Can you remember all of our actions?

## https://www.youtube.com/watch?v=83aUaYQF4NM

You could then use your dough/Lego to build something of your choice. After building your model, draw your design on a piece of paper and label using your phonic knowledge independently. Remember to listen for each sound carefully in each word.

## 12:00-1 Lunch Time

Time for lunch © Can you cut up your own lunch using a knife and fork? Do you have any fruit and vegetables on your plate? Remember we need to be healthy and eat our 5 a day!

## 1-2 Creative

During the week ....

1. Time to get creative! Use the skittles to make a rainbow. Place them around the edge of the plate and add a small amount of water. Watch the colours merge together.

2. Make a fruit kebab using lots of different fruits. Can you put the fruit in order of the colours of the rainbow?

3. Can you remember one of our favourite stories 'Kitchen Disco'? Why not make your own funny kitchen disco? You could even use real fruit!


Read a nice story together to finish your day of learning. Well done, you have made it through the day ()

| Initial Code <br> Units | VCC and CVCC words <br> (no new sound-spelling correspondences) |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| act | elm | imp | opt | and |
| end | ink | ant | its | elf |
| band | gets | link | rusk | gaps |
| limp | runt | zinc | belt | gust |
| loft | sent | film | lent | rift |
| wink | dust | lamp | left | west |
| bank | help | sand | gulp | pond |
| must | junk | went | tilt | ramp |
| Kent | dots | desk | yelp | wind |
| vest | wept | tusk | soft | silk |
| rust | gift | lump | held | bulb |
| tank | cats | pant | pink | disk |
| kilt | rest | fond | milk | camp |
| dusk | kiln | hits | fact | rent |
| pulp | pest | sulk | lisp | hunt |
| land | felt | damp | fist | maps |


| 年itial Code <br> Unitio | CCVCC words <br> (no new sound-spelling correspondences) |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| bland | crust | drink | frost | glint |
| plump | skunk | slept | smelt | trunk |
| blink | clamp | crept | drips | flint |
| grand | prank | slump | spend | tramp |
| blond | clink | crest | drops | frank |
| grunt | print | spelt | stand | trust |
| blank | cramp | drift | flaps | grins |
| plank | stamp | stink | swept | twist |
| brand | crisp | dwelt | flank | plonk |
| scalp | skips | spilt | swift | trump |


| $\frac{\text { nitial Code }}{\text { Unituo }}$ | CVCCC <br> (no new sound-spelling correspondences) |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| winks | limps | dents | rasps | vests |
| belts | costs | dents | fists | hands |
| jumps | lamps | melts | ramps | sulks |
| tents | winks | yanks | bumps | dusts |
| lamps | mints | sifts | tilts | bends |


| $\frac{\text { Initial Code }}{\text { Unit 10 }}$ | CCCVC |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| (no new sound-spelling correspondences) |  |  |  |  |
| scram | sprat | strap | strip | scrap |
| strut | strop | scrum | scrub | strum |


| Lititul Code | Sound: /sh/ |  | < sh > |  |
| :---: | :---: | :---: | :---: | :---: |
| fish | gash | rash | rush | wish |
| shed | dish | shut | cash | shop |
| shelf | brush | shrub | shift | shred |


|  | New sound:/ng/* |  | <ng> |  |
| :---: | :---: | :---: | :---: | :---: |
| bang | bring | cling | king | lungs |
| sling | sting | thing | wing | song |

