



The Avenue Primary School

Work from home - Reception

In order to help you organise your day, we have devised a daily timetable with suggested activities. This timetable suggests how and when to complete activities daily. We hope this helps and we really hope to see you soon!

Remember these are just ideas 😊

9:00 – 9:30 - PE to start the day

Youtube - PE with Joe Wicks. Do this as a family and get your blood pumping around your body and brains working. Remember to drink your water!

Just Dance, BBC movers, GoNoodle are other alternatives you can try.

9:30 – 9:45 - Break/ water bottle challenge

Put some relaxing music on Youtube as you finish stretching and rehydrate with water and fruit (make sure adverts are finished before showing the children any video clips on Youtube)

<https://www.youtube.com/watch?v=qFZKK7K52uQ&t=1648s>

<https://www.youtube.com/watch?v=GBexfwe-9j0>

Whilst the music is on start the daily water bottle challenge.

Draw a water bottle outline on a piece of paper, every time you finish your water bottle, you can write your name inside the bottle outline. Who is drinking the most water daily in your family?

9:45 – 10:00 - Handwriting

Continue playing the relaxing music in the background and begin with handwriting. You could focus on one letter/number a day. Say the formation rhyme as your child writes. Lots of positive praise/ encouragement is needed for this. Your child may be forming letters and numbers backwards, if they are doing this talk them through the correct way, writing as you do.

(t, j, 6, 7)

t – Down the tower and flick, across the tower.

j – down his body, curl and dot.

6 – Down we go and make a loop, number 6 has a hoop

7 – Across the sky and down to Devon, that is how you make a 7

10:00 – 10:30 – Literacy/Phonics (more word lists below)

Monday - Choose some words from the lists below and write them onto cards. Using a timer, how many of these words can you read in 15 seconds? 30 seconds? 1 minute? Write your score down, can you beat this score?

Tuesday- As we are learning all about colour this half term today you are going to watch a story which is all about a monster who has got his colours mixed up. Enjoy the story with your child, and see if they can answer the questions at the end of the story.

Colour Monster - <https://www.youtube.com/watch?v=Ih0iu80u04Y>



Wednesday/ Thursday – In the story colour monster, the different colours showed how the monster was feeling. Red meant he was angry, yellow meant that he was happy. Can you pick one of the colours from the story and think about how the monster was feeling in this colour? Draw a picture of this colour monster. Then write a sentence about how he was feeling. Now write about what he might do if he was feeling like this. For example,

Colour monster is red. He is feeling very angry and cross when he is red. Colour monster stomps on the ground and shouts as loud as he can. Colour monster is not a good friend when he is red.

Remember to use your phonic knowledge and a finger space between each word when you are writing. Re- read your sentences when you are done to check they make sense. If you would like an extra challenge you could do another piece of writing about the monster to do with a different colour / feeling.

Friday tricky words –. Tricky word snap. Make 2 sets of all the tricky words we have been learning. Turn them all face down. Take turns to turn over 2 cards, read both words, if it is a matching pair shout snap! You get to keep those cards. Keep repeating this game until all the cards are gone. Who has got the most pairs of tricky words? They are the winner! Choose a tricky word from your pile, can you make a sentence using this tricky word?

(Most children have all of the tricky words below; some children have more which is fine. **The tricky words in red are to add to your child's pack.** Remember, tricky words are sight words. Introduce the new tricky words and talk about the letters within it. Think of some sentences including some of the tricky words below.

I	to	no	go	the	into	he
she	me	we	was	is	for	of
are						

10:30 – 11:00 – Break time

Time for a break, you have worked so hard this morning! Remember the water challenge!

11:00 - 11:30 – Maths

This week we would have been counting in 2's / 5's.

Introduce counting in 2's (this is something we have talked about in class before) Explain that when we count in 2's we miss a number. Model this to your child. Make a big number line, you could do this outside! Get your child to jump along the number line in 2's, saying the number that they land on (2, 4, 6, 8, 10) Reinforce that they have missed a number out each time, so they are counting really speedy! Repeat this with your child, as a challenge they could count in 2's beyond ten.

You can also practice counting in groups of 2 by using pairs of socks, explain that we have not just got 1 sock; we have 2 in a pair. So we need to say 2 when we point to the first pair, when we point to the second pair we have 2 more and we say 4 etc. Keep repeating this activity with your child throughout the week.



This is also a really fun counting in 2's song on youtube by Jack Hartmann.
https://www.youtube.com/watch?v=OCxvNtrcDIs&feature=emb_logo

When your child is becoming more confident counting in 2's explain that we can count another way, not in groups of 2 but in groups of 5! Ask your child if we are counting in groups of 5 how many numbers need to be in each group? It is 5. Get a big piece of paper and get your child to do a handprint (you could draw around the hand or use paint). How many fingers/thumb do we have on one hand? Write the number 5 on this hand. Now do another handprint, we have 5 more, how many altogether? Write 10 on this hand. Keep repeating the sequence 5, 10, 15, 20. Carry on this activity, making sure you get your child to keep repeating the sequence.



This is a great counting in 5's song by Jack Hartmann. Keep playing the songs for you child throughout the week. <https://www.youtube.com/watch?v=amxVL9KUmq8>

Extra activities

Jack Hartman sing along counting to 100 challenge – a great starter activity.
<https://www.youtube.com/watch?v=OTgLtF3PMOc&t=7s>

Splat number square – a quick 5-minute activity, splat a given number on the number square, no more than 5-10 minutes on this at a time 😊 You can also use the splat square to support counting in 2's and 5's. Can they splat the numbers for counting in 2's, remember to skip a number.

<https://www.topmarks.co.uk/learning-to-count/paint-the-squares>

11:30 – 12:00 Dough Disco

Work with Lego or playdough and get those finger muscles working.

Dough Disco – Play superman song on Youtube. Your child can then show you how we complete dough disco at school with their dough. Can you remember all of our actions?

<https://www.youtube.com/watch?v=83aUaYQF4NM>

You could then use your dough/Lego to build something of your choice. After building your model, draw your design on a piece of paper and label using your phonic knowledge independently. Remember to listen for each sound carefully in each word.

12:00 – 1 Lunch Time

Time for lunch 😊 Can you cut up your own lunch using a knife and fork? Do you have any fruit and vegetables on your plate? Remember we need to be healthy and eat our 5 a day!

1-2 Creative

During the week

1. Time to get creative! Explore using colours, you can be as creative as you like. Use paints, crayons, pencils, chalk. Have fun mixing and experimenting with the colours. What happens? What colours have you made? You could even make a colour mixing chart.



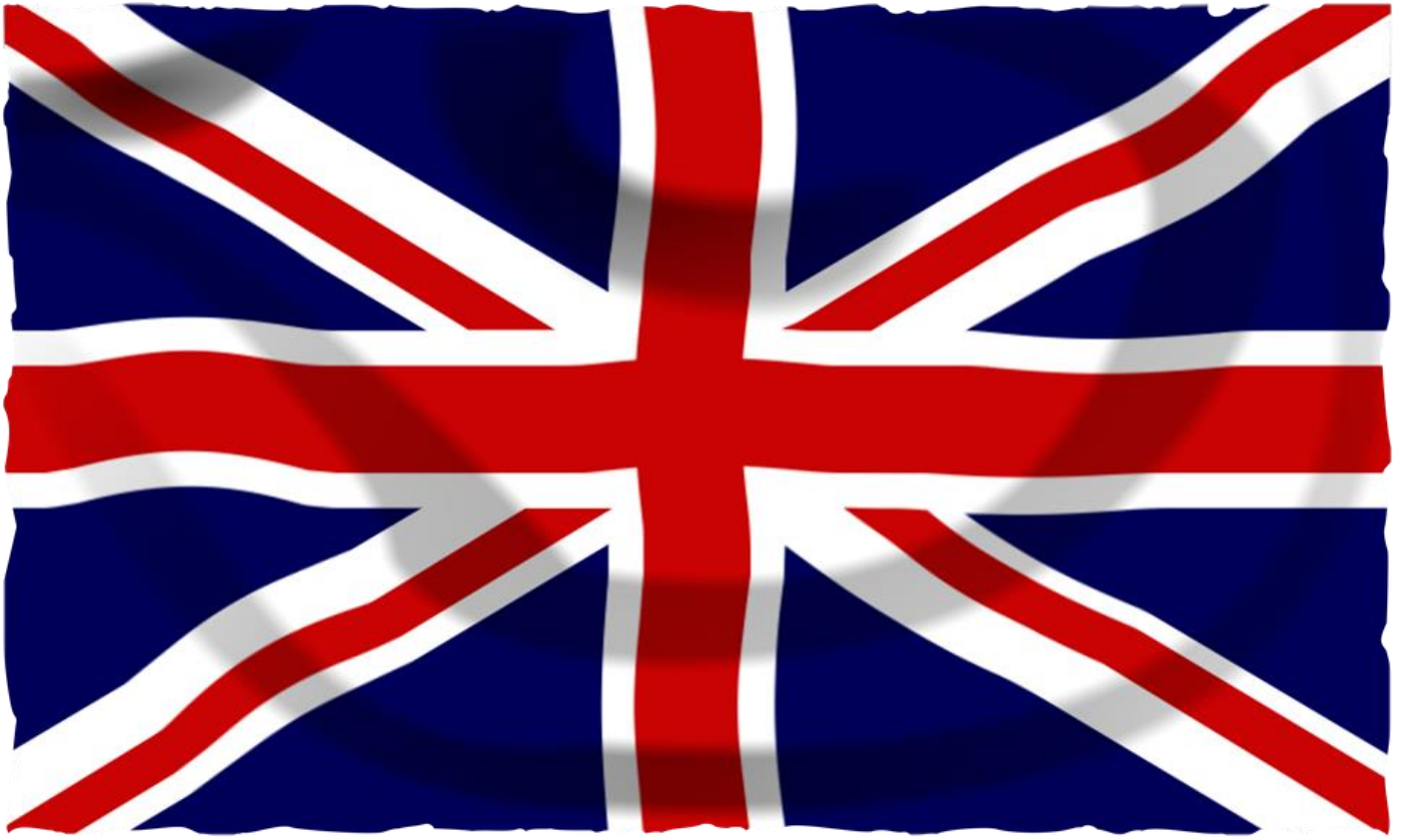
2. In the story 'the colour monster', yellow refers to happiness, red is for anger and blue is linked to sadness. Do you agree with these colour choices? Think of different emotions you have felt, what colour would you put with them? You can use other colours and emotions that are not in the story.

3. The little girl puts the Colour Monster's feelings into separate jars. Can you draw things that make you happy/ angry/ sad/ relaxed etc? Label your drawings.

4. With an adult find out what the flag on **page 5** of the story is called. How many triangles can you see inside the flag? Can you make your own and display it in your window to celebrate VE day. Research VE Day, see what you can find out.

Read a nice story together to finish your day of learning. Well done, you have made it through the day 😊

Have fun and stay safe 😊



<u>Initial Code</u> Unit 8	VCC and CVCC words (no new sound-spelling correspondences)			
act	elm	imp	opt	and
end	ink	ant	its	elf
band	gets	link	rusk	gaps
limp	runt	zinc	belt	gust
loft	sent	film	lent	rift
wink	dust	lamp	left	west
bank	help	sand	gulp	pond
must	junk	went	tilt	ramp
Kent	dots	desk	yelp	wind
vest	wept	tusk	soft	silk
rust	gift	lump	held	bulb
tank	cats	pant	pink	disk
kilt	rest	fond	milk	camp
dusk	kiln	hits	fact	rent
pulp	pest	sulk	lisp	hunt
land	felt	damp	fist	maps

Initial Code Unit 9	CCVC words (no new sound-spelling correspondences)			
bless	clap	drag	flat	grill
plum	scan	snap	trap	twin
brim	crab	dwel	frog	glad
press	skin	slip	swim	trip
blot	cliff	drop	flag	grab
plan	smell	spot	step	twig
blob	clip	dress	flap	gran
plug	scab	still	swell	trot
brag	club	cross	drip	from
grip	prop	skid	slam	stop
bluff	clog	drill	flip	gloss
plot	slim	spin	tram	snug
brat	crop	drum	flog	glum
pram	skill	stab	sniff	trim
cram	floss	grid	plod	trod
slot	spell	skim	fret	stiff

<u>Initial Code</u> Unit 10	CCVCC words (no new sound-spelling correspondences)			
bland	crust	drink	frost	glint
plump	skunk	slept	smelt	trunk
blink	clamp	crept	drips	flint
grand	prank	slump	spend	tramp
blond	clink	crest	drops	frank
grunt	print	spelt	stand	trust
blank	cramp	drift	flaps	grins
plank	stamp	stink	swept	twist
brand	crisp	dwelt	flank	plonk
scalp	skips	spilt	swift	trump

<u>Initial Code</u> Unit 10	CVCCC (no new sound-spelling correspondences)			
winks	limps	dents	rasps	vests
belts	costs	dents	fists	hands
jumps	lamps	melts	ramps	sulks
tents	winks	yanks	bumps	dusts
lamps	mints	sifts	tilts	bends

<u>Initial Code</u> Unit 10	CCCVC (no new sound-spelling correspondences)			
scram	sprat	strap	strip	scrap
strut	strop	scrum	scrub	strum