



The Avenue Primary School

Work from home - Reception

In order to help you organise your day, we have devised a daily timetable with suggested activities. This timetable suggests how and when to complete activities daily. We hope this helps and we really hope to see you soon!

Remember these are just ideas 😊

### **9:00 – 9:30 - PE to start the day**

Youtube - PE with Joe Wicks. Do this as a family and get your blood pumping around your body and brains working. Remember to drink your water!

Just Dance, BBC movers, GoNoodle are other alternatives you can try.

### **9:30 – 9:45 - Break/ water bottle challenge**

Put some relaxing music on Youtube as you finish stretching and rehydrate with water and fruit (make sure adverts are finished before showing the children any video clips on Youtube)

<https://www.youtube.com/watch?v=qFZKK7K52uQ&t=1648s>

<https://www.youtube.com/watch?v=GBexfwe-9j0>

Whilst the music is on start the daily water bottle challenge.

Draw a water bottle outline on a piece of paper, every time you finish your water bottle, you can write your name inside the bottle outline. Who is drinking the most water daily in your family?

### **9:45 – 10:00 - Handwriting**

Continue playing the relaxing music in the background and begin with handwriting. You could focus on one letter/number a day. Say the formation rhyme as your child writes. Lots of positive praise/ encouragement is needed for this. Your child may be forming letters and numbers backwards, if they are doing this talk them through the correct way, writing as you do.

(l, i, 4, 5)

l – Down the long leg and flick

i – Down the insect's body and flick, dot for his head.

4 – Down and over, down so more. That's the way you make a four.

5 – Down and around and flag on high. That's the way you make a five.

## 10:00 – 10:30 – Literacy/Phonics (more word lists below)

### Monday and Tuesday Reading –

**Monday Words** – plum, pram, crab, cross, crim, lem, crid, shop

**Tuesday Words** – lamp, vest, tank, pink, lep, kilp, vem, shim

Adults to write the words above on separate pieces of paper. Ask your child to read each word independently. If your child reads the word and realises it is a silly word (made up) they must put it into the bin. If the word is real, they can tell you what it means and put the word into a spoken sentence.

**Wednesday and Thursday Letter writing** – Use your phonic knowledge to reply to the letter below (page 5) from Miss Walker, Mrs Stone and Miss Hewitt. Remember to start your letter with 'To' or 'Dear' and sign it from yourself. Can you remember to use tricky words correctly and finger spaces in the correct place? We would love to hear what you have been doing whilst you have been at home. You can either post a reply letter back to school, email a picture of your written reply to the school email address or bring your reply with you when we return to school. 😊

**Friday tricky words** – Tricky word bingo. You and your child have all the tricky words in sight. On a piece of paper each, divide it into four sections. Write a different tricky word in each section. Now, mix all the tricky words up and turn them upside down so no one can see them. In turns, pick a tricky word card and read it out. If either of you have that word, mark it off just like bingo. The winner is the person to mark off all four tricky words first.

Most children have all of the tricky words below; some children have more which is fine. **The tricky words in red are to add to your child's pack.** Remember, tricky words are sight words. Introduce the new tricky words and talk about the letters within it. Think of some sentences including some of the tricky words below.

I	to	no	go	the	into	he
she	me	we	was	is	for	of

## 10:30 – 11:00 – Break time

Time for a break, you have worked so hard this morning! Remember the water challenge!

## 11:00 - 11:30 – Maths

This week we would have been introducing 'sharing'



Introduce sharing: we can share between more than two groups. Everyone needs to have the same amount. Give your child a certain amount of the same items. Ask them to share them between three groups. Reinforce the language of 1 for me, 1 for you, 1 for you. 1 for me, 1 for you, 1 for you.

Later in the week, go onto sharing items between groups of 4, 5 and 6. Remember everyone needs to have the same amount, any left over items needs to stay in the original pot. You could share between your toys or teddy bears and have a tea party!

### **Extra activities –**

Jack Hartman sing along counting to 100 challenge – a great starter activity.

<https://www.youtube.com/watch?v=OTgLtF3PMOc&t=7s>

Splat number square – a quick 5-minute activity, splat a given number on the number square, no more than 5-10 minutes on this at a time 😊

<https://www.topmarks.co.uk/learning-to-count/paint-the-squares>

## 11:30 – 12:00 Dough Disco

Work with Lego or playdough and get those finger muscles working.

Dough Disco – Play superman song on Youtube. Your child can then show you how we complete dough disco at school with their dough. Can you remember all of our actions?

<https://www.youtube.com/watch?v=83aUaYQF4NM>

You could then use your dough/Lego to build something of your choice. After building your model, draw your design on a piece of paper and label using your phonic knowledge independently. Remember to listen for each sound carefully in each word.

## 12:00 – 1 Lunch Time

Time for lunch 😊 Can you cut up your own lunch using a knife and fork? Do you have any fruit and vegetables on your plate? Remember we need to be healthy and eat our 5 a day!

## 1-2 Creative

During the week ....

1. Create a list of everything in your life that you are grateful for. Then, turn it into a bright and colourful poster. Here are some ideas you could use as a guide:

Someone in your life who you love.

An activity or hobby that you love.

A toy you love.

Something or someone who made you laugh.

Something you have learned.

Something from school.

A favourite food.

A special pet.

2. As our topic would have been 'How many colours in a rainbow?' pick a colour of your choice and draw everything you know of that colour and then you could label your drawings. You could focus on one colour a day!
3. The staff at James Cook Hospital would like you to create some amazing artwork to brighten up the wards at the hospital and make everyone smile! Please get drawing and send pictures via email to Ciara Stephenson - [CM.Stephenson2@mbro.ac.uk](mailto:CM.Stephenson2@mbro.ac.uk).
4. Roald Dahl challenge – see page 6.

Read a nice story together to finish your day of learning. Well done, you have made it through the day.

***Have fun and stay safe 😊***

The Avenue Primary School  
The Avenue  
Nunthorpe  
Middlesbrough  
TS7 0AG

Dear Reception,

We hope you are keeping safe and staying at home! We have been very lucky that the sun has been shining for us so we can play in the garden and go for some exercise. You may have even been on a bike ride or for a walking adventure! What else have you been doing over the past few weeks? Over the Easter holidays, Miss Hewitt has been doing lots of painting and decorating. Miss Walker has been busy working in the garden and Mrs Stone has been spending lots of time with her new puppy, Rosie. We miss you very much and hope you are enjoying the home learning tasks we have given you.

We miss hearing all of your wonderful stories each day. So, write a letter back to us to tell us how you are and what sort of things you have been doing. You could send it to the school postal address, the school email address or keep hold of it until it is safe for us to all to go back to school. Make sure you have a go at writing your letter yourself, use your Phonics to help you spell the different words and remember a finger space between each word. Then ask your adult to add anything else needed in your letter.

Keep being superstars and we hope to see you all soon.

From Miss Hewitt, Miss Walker and Mrs Stone 😊



# Middlesbrough Reads Roald Dahl challenges Early Years

## Week 2 – James and the Giant Peach

Your second Roald Dahl challenge is inspired James and the Giant Peach.

Our friends at Middlesbrough Council have created this activity for younger children to get involved with. This week, children are encouraged to go on magical nature hunt (with your supervision of course) and find 10 different objects. Encourage your child to be tactile with the objects – ask them what they feel like (rough or smooth?), and which ones they like best. Once indoors, your little one could use the objects to make a picture or collage. Maybe they can even have a go at labelling what they found!

One lucky winner will receive a bundle of Early Years books for storytime, donated by Hungry Little Minds.



## James and the Giant Peach Magical Nature Hunt



You will need a basket or bag with you next time you go outdoors.  
Can you collect 10 things from your garden or while out on a walk?  
Can you make a list of the 10 things you have collected?  
Can you use your 10 things to make a magical picture?



**\*Top tips\***  
You could give your child a list of things to find.  
You could talk about the different textures of the things your child finds.

Ask your grownup to send us photos of your work to [bororeads@literacytrust.org.uk](mailto:bororeads@literacytrust.org.uk) by Friday 1 May at 12pm. Please include age and the area of Middlesbrough you're from in the body of the email. This challenge is recommended for children up to the age of 5, older children can take part in our Roald Dahl writing challenge on the Middlesbrough Reads website ( [www.middlesbroughreads.org.uk](http://www.middlesbroughreads.org.uk) )

Remember to have a look at the Hungry Little Minds website for simple, fun activities for children from new-borns to five years that can all be done in the home <https://hungrylittleminds.campaign.gov.uk>



<u>Initial Code</u> Unit 8	VCC and CVCC words (no new sound-spelling correspondences)			
act	elm	imp	opt	and
end	ink	ant	its	elf
band	gets	link	rusk	gaps
limp	runt	zinc	belt	gust
loft	sent	film	lent	rift
wink	dust	lamp	left	west
bank	help	sand	gulp	pond
must	junk	went	tilt	ramp
Kent	dots	desk	yelp	wind
vest	wept	tusk	soft	silk
rust	gift	lump	held	bulb
tank	cats	pant	pink	disk
kilt	rest	fond	milk	camp
dusk	kiln	hits	fact	rent
pulp	pest	sulk	lisp	hunt
land	felt	damp	fist	maps

Initial Code Unit 9	CCVC words (no new sound-spelling correspondences)			
bless	clap	drag	flat	grill
plum	scan	snap	trap	twin
brim	crab	dwel	frog	glad
press	skin	slip	swim	trip
blot	cliff	drop	flag	grab
plan	smell	spot	step	twig
blob	clip	dress	flap	gran
plug	scab	still	swell	trot
brag	club	cross	drip	from
grip	prop	skid	slam	stop
bluff	clog	drill	flip	gloss
plot	slim	spin	tram	snug
brat	crop	drum	flog	glum
pram	skill	stab	sniff	trim
cram	floss	grid	plod	trod
slot	spell	skim	fret	stiff



<u>Initial Code</u> Unit 10	CCVCC words (no new sound-spelling correspondences)			
bland	crust	drink	frost	glint
plump	skunk	slept	smelt	trunk
blink	clamp	crept	drips	flint
grand	prank	slump	spend	tramp
blond	clink	crest	drops	frank
grunt	print	spelt	stand	trust
blank	cramp	drift	flaps	grins
plank	stamp	stink	swept	twist
brand	crisp	dwelt	flank	plonk
scalp	skips	spilt	swift	trump

<u>Initial Code</u> Unit 10	CVCCC (no new sound-spelling correspondences)			
winks	limps	dents	rasps	vests
belts	costs	dents	fists	hands
jumps	lamps	melts	ramps	sulks
tents	winks	yanks	bumps	dusts
lamps	mints	sifts	tilts	bends

<u>Initial Code</u> Unit 10	CCVC (no new sound-spelling correspondences)			
scram	sprat	strap	strip	scrap
strut	strop	scrum	scrub	strum