



The Avenue Primary School

Work from home - Reception

In order to help you organise your day, we have devised a daily timetable with suggested activities. This timetable suggests how and when to complete activities daily. We hope this helps and we really hope to see you soon!

Remember these are just ideas 😊

9:00 – 9:30 - PE to start the day

Youtube - PE with Joe Wicks. Do this as a family and get your blood pumping around your body and brains working. Remember to drink your water!

Just Dance, BBC movers, GoNoodle are other alternatives you can try.

9:30 – 9:45 - Break/ water bottle challenge

Put some relaxing music on Youtube as you finish stretching and rehydrate with water and fruit (make sure adverts are finished before showing the children any video clips on Youtube)

<https://www.youtube.com/watch?v=qFZKK7K52uQ&t=1648s>

<https://www.youtube.com/watch?v=GBexfwe-9j0>

Whilst the music is on start the daily water bottle challenge.

Draw a water bottle outline on a piece of paper, every time you finish your water bottle, you can write your name inside the bottle outline. Who is drinking the most water daily in your family?

9:45 – 10:00 - Handwriting

Continue playing the relaxing music in the background and begin with handwriting. You could focus on one letter/number a day. Say the formation rhyme as your child writes. Lots of positive praise/ encouragement is needed for this. Your child may be forming letters and numbers backwards, if they are doing this talk them through the correct way, writing as you do.

(e ,s, 2, 3)

e – Crack the egg and scoop it out

s – Slither around the snake

2 – Round and back on a railroad track, two, two, two

3 – Around the tree, around the tree, that's the way we make a 3.

10:00 – 10:30 – Literacy/Phonics (more word lists below)

Monday and Tuesday Reading - Use the word lists below and write several words on pieces of paper and hide them around a room in your house. When your child finds them, they need to read the word for a point! How many points can they get in total? We love to make reading as fun as possible and make lots of games with the words we are practising. Pick words that you think are suitable for your child as the words begin to get longer. Your child could then have a go at writing some words and hiding them for you to find.

Wednesday and Thursday Writing – Begin with writing a list of all of the things a seed needs to grow (sun, light, water etc) Write a set of instructions over a couple of days on how to plant a seed. Use the time connectives such as first, next, then, last. Remind your child to use finger spaces between words. You could also plant your own seed and take a photograph for each part of the instructions.

Friday tricky words - Play tricky word splat with the tricky words in your child's pack. 2+ people can play this game. 1 person at a time say a tricky word and you all have to splat the correct word with your hand. The quickest person wins. You could pretend to make a mistake and splat the wrong word. Ask your child which word you splatted instead.

(Most children have all of the tricky words below; some children have more which is fine. The tricky words in red are to add to your child's pack. Remember, tricky words are sight words. Introduce the new tricky words and talk about the letters within it. Think of some sentences including some of the tricky words.

I	to	no	go	the	into	he
she	me	we	was	is	for	

10:30 – 11:00 – Break time

Time for a break, you have worked so hard this morning! Remember the water challenge!

11:00 - 11:30 – Maths

Jack Hartman sing along counting to 100 challenge – a great starter activity.

<https://www.youtube.com/watch?v=0TgLf3PMOc&t=7s>

The focus this week is halving.

Ask your child to collect different amounts of the same objects from around your house (toys, socks, sticks, spoons etc) Ask them to half them between themselves and a family member. Remember how halving is sharing equally into two groups. Repeat this activity with different amounts of objects each day. Count out the objects first and model how we half. 1 for me, 1 for you, 1 for me, 1 for you etc.

When finding objects start with a smaller amount and increase as the week goes on. E.g. Half of 2, 4, 6, 8, 10, 12, 14 etc.

11:30 – 12:00 Dough Disco

Work with Lego or playdough and get those finger muscles working.

Dough Disco – Play superman song on Youtube. Your child can then show you how we complete dough disco at school with their dough. Can you remember all of our actions?

<https://www.youtube.com/watch?v=83aUaYQF4NM>

You could then use your dough/Lego to build something of your choice. After building your model, draw your design on a piece of paper and label using your phonic knowledge independently. Remember to listen for each sound carefully in each word.

12:00 – 1 Lunch Time

Time for lunch 😊 Can you cut up your own lunch using a knife and fork? Do you have any fruit and vegetables on your plate? Remember we need to be healthy and eat our 5 a day!

1-2 Creative

During the week

1. Go on a Spring walk around your outside area and take a camera with you / I Pad to take photos. Can you spot any signs of Spring? What has changed from Winter? Take pictures of all the different changes. Take pictures of new flowers especially. Vocabulary focus... *flowers, daffodil, daisy, buds, blossom, leaf, tree*.
2. Use the photographs you have taken to draw a spring picture and label independently.
3. Re-create one of the flowers that you took a photo of on your walk. You could draw, paint or use creative materials to recreate your flower representation.

These activities can last all week so take your time and be as creative as possible.



Read a nice story together to finish your day of learning. Well done, you have made it through the day! 😊

<u>Initial Code</u> Unit 8	VCC and CVCC words (no new sound-spelling correspondences)			
act	elm	imp	opt	and
end	ink	ant	its	elf
band	gets	link	rusk	gaps
limp	runt	zinc	belt	gust
loft	sent	film	lent	rift
wink	dust	lamp	left	west
bank	help	sand	gulp	pond
must	junk	went	tilt	ramp
Kent	dots	desk	yelp	wind
vest	wept	tusk	soft	silk
rust	gift	lump	held	bulb
tank	cats	pant	pink	disk
kilt	rest	fond	milk	camp
dusk	kiln	hits	fact	rent
pulp	pest	sulk	lisp	hunt
land	felt	damp	fist	maps

Initial Code Unit 9	CCVC words (no new sound-spelling correspondences)			
bless	clap	drag	flat	grill
plum	scan	snap	trap	twin
brim	crab	dwel	frog	glad
press	skin	slip	swim	trip
blot	cliff	drop	flag	grab
plan	smell	spot	step	twig
blob	clip	dress	flap	gran
plug	scab	still	swell	trot
brag	club	cross	drip	from
grip	prop	skid	slam	stop
bluff	clog	drill	flip	gloss
plot	slim	spin	tram	snug
brat	crop	drum	flog	glum
pram	skill	stab	sniff	trim
cram	floss	grid	plod	trod
slot	spell	skim	fret	stiff

<u>Initial Code</u> Unit 10	CCVCC words (no new sound-spelling correspondences)			
bland	crust	drink	frost	glint
plump	skunk	slept	smelt	trunk
blink	clamp	crept	drips	flint
grand	prank	slump	spend	tramp
blond	clink	crest	drops	frank
grunt	print	spelt	stand	trust
blank	cramp	drift	flaps	grins
plank	stamp	stink	swept	twist
brand	crisp	dwelt	flank	plonk
scalp	skips	spilt	swift	trump

<u>Initial Code</u> Unit 10	CVCCC (no new sound-spelling correspondences)			
winks	limps	dents	rasps	vests
belts	costs	dents	fists	hands
jumps	lamps	melts	ramps	sulks
tents	winks	yanks	bumps	dusts
lamps	mints	sifts	tilts	bends

<u>Initial Code</u> Unit 10	CCVC (no new sound-spelling correspondences)			
scram	sprat	strap	strip	scrap
strut	strop	scrum	scrub	strum